



Wrestling Technique Camp 2018

8:30AM-11:30AM Wrestlers Entering

Camp Will Be Split into 2 groups:

3rd-7th Grades & 8th-12th Grades

Camp Date: July 23rd -26th, Mon-Thurs 8:30AM-11:30AM

Loaction: West Islip High School Wrestling Room

(Enter through the brown doors at the back of the school)

Camp Will Include:

Instructional Technique

Live Wrestling

Drill Sessions

Speed and Strength Instruction

Camp Competitions

Dual Meet Tournament

Camp Cost is \$100.00* Checks made payable to: WISA - Wrestling

Contact: Nick LaGiglia - 374-7830 (cell) N.LaGiglia@wi.k12.ny.us
Tom Longobardi - (516)220-6589 (cell) T.Longobardi@wi.k12.ny.us

Registration Form

Deadline for Registration June 15th, 2018

Camp Date: July 23-26, Mon-Thurs 8:30AM-11:30AM Camp Cost \$100.00

Please make checks payable to: WISA - WRESTLING

Send Registration To: West Islip Athletics, 100 Sherman Avenue, West Islip NY 11795

Camp: Wrestling Check #: _____ Grade as of Sept. 2018: _____

Name: (Last, First): _____ Parent /Guardian Name: _____

Address: _____ Town/Zip _____

Home Phone: _____ Emergency #: _____

Medical: No _____ Yes _____ Explain _____

Medical Disclaimer: My son is in good health and has my full permission to participate in a vigorous camp program. He has no previous illness or bodily injury that is contradictory to participation. In the event I cannot be reached, I give my full permission for such medical procedures deemed necessary by an examining physician.

Parent / Guardian Signature

Date