



# West Islip High School Menu: September 2017

High School Lunch Price: \$2.75



Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b> NO SCHOOL LABOR DAY	<b>5</b> <b>Popcorn Chicken</b> With Dipping Sauce Cheesy Bread Tater Tots Fresh Veggie Sticks	<b>6</b> <b>Meatball Parm Hero</b> Meatballs & Mozzarella On a Hero Roll Roasted Broccoli	<b>7</b> <b>Grilled Cheese Sandwich</b> Baby Carrots Pickle Chips Cold Bean Salad	<b>8</b> <b>“Bistro Pizza”</b> Pizzeria Style Pizza Slice <i>with or without pepperoni</i> Garden Salad Pasta Salad
<b>11</b> <b>Chicken Nuggets</b> With Dipping Sauce Garlic Breadstick Sweet Potato Bites Seasoned Corn 	<b>12</b> <b>Pizza Dippers</b> <i>Mozzarella Cheese Inside</i> <i>Warm Breadsticks</i> Pizza Sauce for Dipping Roasted Broccoli	<b>13</b> <b>Burger &amp; Fries</b> Hamburger or Cheeseburger Tater Tots Baked Beans	<b>14</b> <b>Totally Taco MaxSnax</b> Beef & Cheese Quesadilla Triangles With Tortilla Chips, Salsa & Sour Cream Fresh Veggie Sticks	<b>15</b> <b>Pizza Bagel</b> Garden Salad
<b>18</b> <b>Chicken Fingers</b> With Dipping Sauce Texas Toast Sweet Potato Fries Roasted Broccoli	<b>19</b>  <b>Twin Tacos</b> With Lettuce, Cheese, Salsa & Sour Cream Marinated Black Beans <small>CHOICE OF HARD OR SOFT TACO SHELL</small>	<b>21</b> <b>Turkey Salad Sandwich on a Croissant</b> Tater Tots Pickle Spears	<b>21</b> NO SCHOOL ROSH HASHANAH	<b>22</b> NO SCHOOL ROSH HASHANAH
<b>25</b> <b>BBQ Chicken Sandwich</b> Chicken Patty on a Bun with BBQ Sauce Sweet Potato Bites  <i>Chicken patty is also available without BBQ sauce</i>	<b>26</b> <b>Mozzarella Sticks</b> Marinara Sauce for Dipping Fresh Veggie Sticks	<b>27</b> <b>Asian Chicken</b> Over Rice with an Eggroll & Crispy Noodles Roasted Broccoli	<b>28</b> <b>BRUNCH FOR LUNCH</b> Cinnamon French Toast Sticks with Syrup Cheese Omelet Choice of Cereal Crispy Hash Brown	<b>29</b> <b>“Bistro Pizza”</b> Pizzeria Style Pizza Slice <i>with or without pepperoni</i> Garden Salad Cold Bean Salad Pasta Salad

### BREAKFAST MENU

*Available Daily*

Served with Juice,  
Fruit & Milk

**\$1.50**

Bagel, Roll or Muffin  
Assorted Cereal  
Freshly Baked Donut  
Egg & Cheese on a Roll  
*(bacon/sausage available for  
an additional \$0.25)*

Breakfast meals are included  
as part of our free/reduced-  
priced meals program.

Prepaid accounts are  
recommended  
\*\*\*

View student purchases,  
and add funds at  
[www.myschoolbucks.com](http://www.myschoolbucks.com)  
\*\*\*

Cash and checks accepted  
Make checks payable to:  
West Islip Cafeteria Fund  
\*\*\*

For more information about  
MySchoolBucks, visit:  
[www.wi.k12.ny.us/myschoolbucks.htm](http://www.wi.k12.ny.us/myschoolbucks.htm)  
\*\*\*

Menu is subject to change  
without notice.

A VARIETY OF FRUIT CHOICES ARE OFFERED EACH DAY.  
AVAILABLE DAILY: GARDEN SALAD, BABY CARROTS,  
CHOICE OF FRUIT, 100% JUICE, ASSORTED MILK

**DAILY ALTERNATES AVAILABLE**      **DAILY GLUTEN-FREE OPTION**

Pizza / Hamburger                      Tossed Salad with Tuna or  
Assorted Sandwiches / Wraps        Shredded Cheese & a Side of  
Assorted Salad Platters                Tortilla Chips and Salsa

ALL ALTERNATE MEALS ARE SERVED WITH FRUIT, VEGETABLE & CHOICE OF MILK.

— WELCOME —

BACK TO SCHOOL

West Islip School District  
is an equal opportunity  
provider.

