




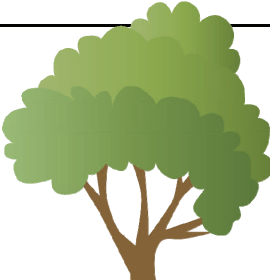




West Islip High School Menu: May 2018

High School Lunch Price: \$2.75



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Twin Tacos  With Lettuce, Cheese, Salsa & Sour Cream Seasoned Corn <small>CHOICE OF HARD OR SOFT SHELL ~ HARD SHELL IS GLUTEN-FREE ~ TACO MEAT IS PORK</small>	2 Mozzarella Sticks Marinara Sauce for Dipping Roasted Broccoli	3 Crispy Chicken Sandwich Regular or Spicy <i>with or without cheese</i> Tater Tots & Pickle	4 Bistro Pizza <i>with or without pepperoni</i> Cold Bean Salad Pasta Salad
7 BBQ CHICKEN <i>roasted chicken on the bone with BBQ sauce (hot sauce available)</i> Texas Toast Seasoned Corn	8 Totally Taco MaxSnax <i>Beef & Cheese Triangles</i> Tortilla Chips Salsa & Sour Cream Marinated Black Beans	9 Pizza Crunchers <i>mozzarella cheese & pizza sauce in a crunchy breading</i> Marinara Sauce for Dipping Roasted Broccoli	10 Crispy Chicken Sandwich <i>Regular or Spicy with or without cheese</i> French Fries & Pickle	11 Homemade Pizza <i>with or without pepperoni</i> Garden Salad Pasta Salad
14 Chicken Tenders Dipping Sauce Cheesy Garlic Bread Sweet Potato Fries Baby Carrots with Dip	15 Twin Tacos  With Lettuce, Cheese, Salsa & Sour Cream Seasoned Corn Marinated Black Beans <small>CHOICE OF HARD OR SOFT SHELL ~ HARD SHELL IS GLUTEN-FREE ~ TACO MEAT IS PORK</small>	16 Mozzarella Sticks Marinara Sauce for Dipping Roasted Broccoli	17 Brunch for Lunch Cinnamon French Toast Sticks with Syrup, Sausage Patty Choice of Cereal Crispy Hash Brown	18 White Garlic French Bread Pizza Pizza Sauce for Dipping Garden Salad Pasta Salad
21 Crispy Chicken Sandwich Regular or Spicy <i>with or without cheese</i> French Fries & Pickle	22 Twin Tacos  With Lettuce, Cheese, Salsa & Sour Cream Seasoned Corn Marinated Black Beans <small>CHOICE OF HARD OR SOFT SHELL ~ HARD SHELL IS GLUTEN-FREE ~ TACO MEAT IS PORK</small>	23 Meatball Hero Meatballs, Marinara & Mozzarella on a Hero Roll Baby Carrots with Dip	24 Pepperoni Pinwheel <i>Cheese, pepperoni and sauce wrapped in a toasted dough</i> Marinara Sauce for Dipping Roasted Broccoli	25 Bistro Pizza <i>with or without pepperoni</i> Garden Salad Pasta Salad
28 NO SCHOOL 	29 BBQ CHICKEN <i>roasted chicken on the bone with BBQ sauce (hot sauce available)</i> Texas Toast Sweet Potato Fries Baked Beans	30 Mozzarella Sticks Marinara Sauce for Dipping Roasted Broccoli	31 Brunch for Lunch Cinnamon French Toast Sticks with Syrup Sausage Patty Choice of Cereal Crispy Hash Brown	

BREAKFAST MENU

Available Daily

Served with Juice,
Fruit & Milk

\$1.50

Bagel, Roll or Muffin
Assorted Cereal
Freshly Baked Donut
Egg & Cheese on a Roll
*(bacon/sausage available for an
additional \$0.25)*

Breakfast meals are included
as part of our free/reduced-priced
meals program.

Prepaid accounts are
recommended

View student purchase
history and add funds at
www.myschoolbucks.com

Cash and checks accepted.
Make checks payable to:
West Islip Cafeteria Fund

Click the Food & Nutrition
Services link on the District
website for more information
about MySchoolBucks.

Menu is subject to change
without notice.

West Islip School District
is an equal opportunity provider.

EARN WHILE THEY LEARN!
Substitute Food Service Workers
needed. Call 631-930-1510.



PLEASE...
No Peanuts
No Tree Nuts

A VARIETY OF FRUIT CHOICES ARE OFFERED EACH DAY.
AVAILABLE DAILY: GARDEN SALAD, BABY CARROTS,
CHOICE OF FRUIT, 100% JUICE, ASSORTED MILK

DAILY GLUTEN-FREE OPTION
Tossed Salad with Tuna or
Shredded Cheese & a Side of
Tortilla Chips and Salsa

DAILY ALTERNATES AVAILABLE
Pizza / Hamburger
Assorted Sandwiches & Wraps
Assorted Salad Platters

