





West Islip High School Menu: January 2018

High School Lunch Price: \$2.75



Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL HOLIDAY RECESS	2 Popcorn Chicken Dipping Sauce Warm Breadstick Crispy Seasoned Fries Green Beans	3 Pizza Dippers <i>mozzarella cheese inside warm breadsticks</i> Pizza Sauce for Dipping Roasted Broccoli	4 Totally Taco MaxSnax Beef & Cheese Quesadilla Triangles With Tortilla Chips, Salsa & Sour Cream Marinated Black Beans	5 Homemade Pizza Garden Salad Pasta Salad Cold Bean Salad
8 Chicken Fajitas Seasoned Fajita Chicken Served on Soft Tortillas with Lettuce, Cheese, Salsa & Sour Cream Seasoned Corn	9 Meatball Hero Meatballs, Marinara Sauce & Mozzarella on a Hero Roll Roasted Broccoli	10 Grilled Cheese & Tomato Soup Pickle Chips Fresh Veggie Sticks	11 Cheese Quesadilla <i>Tortilla triangle with melted cheese & salsa-style sauce</i> Tortilla Chips Salsa & Sour Cream Marinated Black Beans	12 "Bistro Pizza" Pizzeria Style Pizza Slice <i>with or without pepperoni</i> Pasta Salad Garden Salad Cold Bean Salad
15 NO SCHOOL 	16 Chicken Sandwich <i>Spicy or plain chicken patty on a bun with/without cheese</i> Tater Tots Pickle Spear	17 Pepperoni Pinwheel <i>Cheese, pepperoni and sauce wrapped in a toasted dough</i> Pizza Sauce for Dipping Roasted Broccoli	18 Turkey Pot Pie Roasted Diced Turkey, Mixed Vegetables & Gravy Served in a Bread Bowl	19 Rectangle Pizza <i>with or without pepperoni</i> Garden Salad Cold Bean Salad Pasta Salad
22 NO SCHOOL Midterm Exams	23 Twin Tacos Seasoned Taco Meat with Lettuce, Cheese, Salsa & Sour Cream Marinated Black Beans CHOICE OF HARD OR SOFT SHELL	24 Pizza Crunchers <i>mozzarella cheese & pizza sauce in a crunchy breading</i> Pizza Sauce for Dipping Roasted Broccoli	25 BBQ Chicken Roasted Chicken with BBQ Sauce Fresh Baked Biscuit Tater Tots Baked Beans	26 "Bistro Pizza" Pizzeria Style Pizza Slice <i>with or without pepperoni</i> Garden Salad Pasta Salad
29 Chicken Sandwich <i>Spicy or plain chicken patty on a bun with/without cheese</i> Sweet Potato Fries Pickle Spear	30 Turkey B.L.T. Deli Turkey, Bacon, Lettuce, Tomato & Cheese on Croissant Tater Tots	31 Mozzarella Sticks <i>mozzarella cheese inside warm breadsticks</i> Marinara Sauce for Dipping Roasted Broccoli		

BREAKFAST MENU

Available Daily

Served with Juice,
Fruit & Milk

\$1.50

Bagel, Roll or Muffin
 Assorted Cereal
 Freshly Baked Donut
 Egg & Cheese on a Roll
(bacon/sausage available for an additional \$0.25)

Breakfast meals are included as part of our free/reduced-priced meals program.

Prepaid accounts are recommended

View student purchase history and add funds at www.myschoolbucks.com

Cash and checks accepted. Make checks payable to: West Islip Cafeteria Fund

Click the Food & Nutrition Services link on the District website for more information about MySchoolBucks.

Menu is subject to change without notice.

West Islip School District is an equal opportunity provider.

EARN WHILE THEY LEARN!

Substitute Food Service Workers needed. Call 631-930-1510.

A VARIETY OF FRUIT CHOICES ARE OFFERED EACH DAY.
AVAILABLE DAILY: GARDEN SALAD, BABY CARROTS,
CHOICE OF FRUIT, 100% JUICE, ASSORTED MILK

DAILY GLUTEN-FREE OPTION
Tossed Salad with Tuna or Shredded Cheese & a Side of Tortilla Chips and Salsa

DAILY ALTERNATES AVAILABLE
Pizza / Hamburger
Assorted Sandwiches / Wraps
Assorted Salad Platters

 **PLEASE... No Peanuts No Tree Nuts**

