




# West Islip High School Menu: February 2018

**High School Lunch Price: \$2.75**



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>DID YOU KNOW...</b> Applications for free &amp; reduced-price meals can be filed at any time during the school year. All families are encouraged to apply. Applications are available at every district school, for pick-up at District Office and <a href="#">online</a>. Call 631-930-1510 for more information.</p>			<p>1 <b>Totally Taco MaxSnax</b> <i>beef &amp; cheese taco triangles</i> With Tortilla Chips, Salsa &amp; Sour Cream Marinated Black Beans</p>	<p>2 <b>Rectangle Pizza</b> <i>with or without pepperoni</i> Garden Salad Pasta Salad</p>
<p>5 <b>Chicken Nuggets</b> Warm Breadstick Sweet Potato Fries Seasoned Corn</p>	<p>6 <b>Twin Tacos</b>  Seasoned Taco Meat with Lettuce, Cheese, Salsa &amp; Sour Cream Marinated Black Beans CHOICE OF HARD OR SOFT SHELL</p>	<p>7 <b>Meatball Hero</b> Meatballs, Marinara &amp; Mozzarella on a Hero Roll Roasted Broccoli</p>	<p>8 <b>Crispy Chicken Sandwich</b> Regular or Spicy Chicken Patty on a Bun Tater Tots Pickle Spear</p>	<p>9 <b>"Bistro Pizza"</b> Pizzeria Style Pizza Slice <i>with or without pepperoni</i> Garden Salad Pasta Salad</p>
<p>12 <b>Popcorn Chicken</b> Warm Breadstick Sweet Potato Fries Seasoned Corn</p>	<p>13 <b>Turkey Pot Pie</b> Roasted Diced Turkey, Mixed Vegetables &amp; Gravy served in a Bread Bowl Mashed Potatoes</p>	<p>14 <b>Pizza Crunchers</b> <i>mozzarella cheese &amp; pizza sauce in a crunchy breading</i> Pizza Sauce for Dipping Roasted Broccoli</p>	<p>15 <b>Crispy Chicken Sandwich</b> Regular or Spicy Chicken Patty on a Bun Tater Tots Pickle Spear</p>	<p>16 <b>Mini Pizza Bagels</b> Garden Salad Cold Bean Salad Pasta Salad</p>
<p>19 <b>NO SCHOOL</b> MID-WINTER RECESS</p>	<p>20 <b>NO SCHOOL</b> MID-WINTER RECESS</p>	<p>21 <b>NO SCHOOL</b> MID-WINTER RECESS</p>	<p>22 <b>NO SCHOOL</b> MID-WINTER RECESS</p>	<p>23 <b>NO SCHOOL</b> MID-WINTER RECESS</p>
<p>26 <b>Burger &amp; Fries</b> Hamburger/Cheeseburger Crispy French Fries Baked Beans Pickle Chips</p>	<p>27 <b>Mozzarella Sticks</b> With Marinara Sauce Roasted Broccoli</p>	<p>28 <b>Chicken Fajitas</b> Seasoned Chicken on Soft Tortillas with Lettuce, Cheese, Salsa &amp; Sour Cream Seasoned Corn</p>	<p><b>hello february</b></p>	

**HAPPY VALENTINE'S DAY**

**A VARIETY OF FRUIT CHOICES ARE OFFERED EACH DAY.**  
**AVAILABLE DAILY:** GARDEN SALAD, BABY CARROTS,  
CHOICE OF FRUIT, 100% JUICE, ASSORTED MILK

**DAILY GLUTEN-FREE OPTION**  
Tossed Salad with Tuna or  
Shredded Cheese & a Side of  
Tortilla Chips and Salsa

**DAILY ALTERNATES AVAILABLE**  
Pizza / Hamburger  
Assorted Sandwiches & Wraps  
Assorted Salad Platters



## BREAKFAST MENU

*Available Daily*

Served with Juice,  
Fruit & Milk  
**\$1.50**

Bagel, Roll or Muffin  
Assorted Cereal  
Freshly Baked Donut  
Egg & Cheese on a Roll  
*(bacon/sausage available for an  
additional \$0.25)*

**Breakfast meals are included  
as part of our free/reduced-priced  
meals program.**

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Prepaid accounts are  
recommended

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View student purchase  
history and add funds at  
[www.myschoolbucks.com](http://www.myschoolbucks.com)

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Cash and checks accepted.  
Make checks payable to:  
West Islip Cafeteria Fund

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Click the Food & Nutrition  
Services link on the District  
website for more information  
about MySchoolBucks.

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Menu is subject to change  
without notice.

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West Islip School District  
is an equal opportunity provider.

**EARN WHILE THEY LEARN!**  
Substitute Food Service Work-  
ers needed. Call 631-930-1510.

 **PLEASE...**  
**No Peanuts**  
**No Tree Nuts**