



West Islip Schools

*Office of Physical Education, Health, Athletics
and Recreation*



West Islip Interscholastic Athletic Program

The West Islip Interscholastic Modified Program offers distinct levels of competition based upon developmental abilities of students and their grade level. The modified "B" program is designed for 7th and 8th grade students and is offered in the following activities:

Fall (1st quarter)	Winter (2nd quarter)	Winter (quarter 3)	Spring (4th quarter)
Cheerleading	Basketball, Boys	Basketball, Girls	Baseball
Cross Country, Boys	Competitive Cheerleading	Wrestling	Lacrosse, Boys
Cross Country, Girls	Volleyball, Girls	Volleyball, Boys	Lacrosse, Girls
Football			Softball
Soccer, Boys			Swimming, Boys & Girls
Soccer, Girls			Tennis, Boys
Tennis, Girls			Track, Boys
Field Hockey			Track, Girls

West Islip High School offers two levels of competition. The two levels are the Junior Varsity and Varsity programs. The intent of both levels is to give students an opportunity to compete in a full program of athletic activities. Sport development, readiness, skill level, maturity level and age are factors which will determine placement. The following teams are available:

Fall:	Winter:	Spring:
Cheerleading	Bowling, Boys	Baseball
Cross Country, Boys	Bowling, Girls	Golf, Girls
Cross Country, Girls	Basketball, Boys	Lacrosse, Boys
Field Hockey	Basketball, Girls	Lacrosse, Girls
Football	Competitive Cheerleading	Softball
Golf, Boys	Kickline	Tennis, Boys
Gymnastics, Girls	Swimming, Boys	Track, Boys
Kickline	Winter Track, Boys	Track, Girls
Soccer, Boys	Winter Track, Girls	
Soccer, Girls	Wrestling	
Swimming, Girls		
Tennis, Girls		
Volleyball, Boys		
Volleyball, Girls		