

Local Resources for Physical Activity



This resource guide is designed to help parents and students contact local youth organizations in and around West Islip. It is provided as an informative document only. Most of these organizations exist independently from West Islip Public Schools.

<p><u>Baseball</u> West Islip Little League PO Box 98, West Islip www.westisliplittleleague.org</p>	<p><u>Softball</u> West Islip Little League PO Box 98, West Islip www.westisliplittleleague.org</p>
<p><u>Basketball</u> West Islip Youth Basketball 131 West Islip Road, West Islip</p> <p>Our Lady of Lourdes CYO Basketball 455 Hunter Ave., West Islip Ed Ryan 988-0107</p>	<p><u>Soccer</u> West Islip Soccer Club PO Box 5, West Islip www.westislipsoccer.org Fall League: Registration in spring Spring League: Registration in fall</p>
<p><u>Cheerleading</u> West Islip Little Conference Cheerleading 710 Keith Lane, West Islip Gina Lotito 587-7681</p>	<p><u>Wrestling</u> West Islip Mat Men Kid Wrestling 374-7830 Registration: November</p>
<p><u>Dance</u> WI Community Cultural Arts PO Box 271, West Islip 321-7911/422-7123</p> <p>Twirling & Dance Assoc. (TADA) 105 Wilherm Ln., West Islip Helen Roepken 241-8034</p> <p>WI Dance Club, Inc. Jennifer Battaglini/Jodi Blindenhofer 130 Jean Rd., West Islip 321-6569/587-5628</p>	<p><u>Swimming</u> WI Elementary Instructional Swim www.wi.k12.ny.us</p> <p>Family Swim www.wi.k12.ny.us</p> <p>West Islip Swim Club PO Box 209, West Islip www.westislipswimclub.com</p>
<p><u>Football</u> West Islip Little Conference PO Box 376, West Islip www.wifootball.org</p>	<p><u>Lacrosse</u> West Islip Youth Lacrosse (Boys and Girls) www.westisliplox.org</p>